

From bad to worse

Tanning beds and sunlamps have been moved to the highest risk category amount things that can cause cancer in humans. The devices had previously been rated as “probably” cancer-causing.

The risk of melanoma (the most dangerous form of skin cancer) increases by 75% when people begin using tanning beds and sunlamps before the age of 30.

“This report puts to rest the argument that tanning with UVA light is safe,” said Dr. Len Lichtenfeld of the American Cancer Society.

All types of ultraviolet light (UVA, UVB, and UVC) are linked to an increased risk of skin cancer.

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